



League Guide

Our philosophy is to keep it FUN for all levels of ability, while learning and improving on the skills to play the game.

Our mission statement is simple: To provide the most well-organized, entertaining & educational sports programs for our community youth participants and parents.

This League Guide will provide you with some great information that will help you with your Advantage Experience.

Welcome to the League!

Research is clear that when parents and teachers work together a child tends to do better in school. There is no reason to think that it is any different in youth sports.

Coach + Parent = Positive Partnership

Flag Football Pre Season Info!

Our objective is to keep you informed as we go. Here is what you need to know before the season starts. This should answer some of the questions you might have:

Team Assignment and Schedule:

Team Rosters and the Schedule will be posted the week before the season officially starts (Orientation Day). This is because the teams are not yet formed and a schedule cannot be made without final numbers.

Orientation Day:

This is the day you will actually meet your new Coach and Teammates for the first time! This very important day will be an exciting and fun day for the kids and very informative for the parents. Your new coach will pass along some very important information about how he/she will run the team, practices, and other team information you will need for the season.



Advantage Sports Core Principles

- 1) **Fun.** We believe that the primary reason children play sports is to have fun. They love mastering new skills, developing friendships, and healthy competition. We avoid spoiling the fun by focusing more on skills development and enjoyment of the game than on the score or outcome.
- 2) **Inclusivity.** That's our word for everyone's right to play and have fun. Our program is for everyone, regardless of race, gender, religion, or ability level. No child will ever be excluded by a try-out, be made to feel like they aren't good enough because of a league draft, or be cut from a team. We play every child at least three quarters of every game.
- 3) **Safety.** We believe your child's safety is paramount. As such, we background check each of the adults supervising your children and hire trained officials for each game to ensure that "safe play" is enforced.
- 4) **Good Sportsmanship.** We believe that learning to play the game is only half the equation. Helping children develop character is the other half. The value of teaching children teamwork, fair play and good sportsmanship goes far beyond the game.

Playing Time:

- No child plays less than three quarters of every game.
- Every child plays offense and defense in every game.
- Coaches are not able to make unfair substitutions or to be accused of doing so.
- Coaches do not have to monitor playing time for each player.
- Playing time for all players is virtually even over the course of the season.

Rosters:

Each registered player will be placed on a team roster that will be forwarded to your volunteer coach. Late registrations may be added to the rosters if space is still available, if you know others who would like to play have them contact us ASAP.

Schedules:

All division play schedules will be posted and available on the Advantage Flag website. Schedules will be posted one week prior to the opening day of your league.

Practice:

Your coach will contact you by phone to arrange the first practice within a few days of receiving the team roster. Coaches are encouraged to hold the practices prior to your game time. They are only allowed to schedule one practice during the week. Your Coach will organize the day and time that is most convenient for all players.



Countdown to Game Time!

3. **Teams are formed** – Usually takes 2-3 weeks from the league's normal registration deadline.
2. **Divisions and Teams** – Players are assigned to teams according to their grade. There are never drafts or tryouts!
1. **Schedule is completed** – Usually takes a few days and is completed right after the Team Rosters are completed.

Orientation Day! Meet your new teammates and coaches. A fun day of meeting new friends, football drills, and excitement!

How to contact your Advantage Flag League

Advantage Flag prides itself in outstanding customer service. As always, we invite your inquiry, welcome your registration, and promise you complete satisfaction in our service. To better assist you and your needs, you may contact us at (714) 401-8741, or email us at info@ulafl.com

Advantage Flag League

18032 Lemon Dr.
Suite C-360
Yorba Linda, CA 92886

Let us help your child gain an *Advantage* in youth Sports